



ЦЕНТЪР ЗА ОБУЧЕНИЕ – БАИ

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TEMPLATE FOR A SPECIALIZED DOCTORAL COURSE (in English)

Basic Information:

Course Title: INTERNATIONAL MIGRATIONS IN BULGARIA, LATE 19TH – MID 20TH CENTURY: SOURCES AND RESEARCH METHODS

Lecturer: Prof. Penka Peykovska, DSc.

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Total Teaching Hours: 30

Annotation (up to 150 words)

The aim of the course is to familiarize doctoral students with the principal sources and research methods used to reconstruct the history and patterns of migration flows “from” and “to” Bulgaria from the late nineteenth to the mid-twentieth century, as well as with approaches to analyzing their temporal dynamics, spatial distribution, age and gender structure, and processes of economic integration. Special attention is paid to the identification, description, and critical assessment (external and internal criticism) of written sources, including official documents of state institutions and organizations, population censuses and other statistical materials, registers, so-called “mass sources,” as well as personal documents (diaries, travelogues, memoirs, and correspondence). The course also addresses methods of qualitative and quantitative analysis, the case study approach, and the biographical method.

Course content (brief description by topics or modules)

Topic / Module 1: Historical Dimensions of International Migrations: Main Migration Processes in Bulgaria from the Late 19th to the Mid-20th Century. Types of Migration, Demographic Characteristics, and Socio-Economic Aspects.

Topic / Module 2: Source Base and Work with Historical Documents: Archival and Statistical Materials, Institutional Records, and Personal Sources. Approaches to the Identification, Systematization, and Criticism of Sources.

Topic / Module 3: Research Methods and Analytical Approaches: Qualitative and Quantitative Methods, Case Study and Biographical Approaches, Analysis and Interpretation of Migration Data and Individual Histories.

Teaching and assessment methods

Lectures and seminar discussions.

Assessment through oral examination.

Competencies acquired as a result of training (3–5 points)

In-depth knowledge of international migrations in Bulgaria from the late 19th to the mid-20th century.

Skills in identifying, critically assessing, and interpreting different types of historical sources.
Ability to apply qualitative and quantitative methods in historical research.

Ability to independently develop research case studies related to migration processes.

Capacity for interdisciplinary analysis of the demographic, social, and economic aspects of migration.



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Literature:

Въжаров, П. Ив. Външната миграция на България от Освобождението до 1933 г. включително. – Статистически известия на ГДС, 1934, № 5, 229–241.

Пейковска, П. Демографски аспекти на миграциите в България, 1912–1944 г.

Тотев, А. Ю. Външна и вътрешна миграция на населението на България. (Демографско-исторически очерк). – Икономическа мисъл, 1979, № 6, с. 66–75.

Bade, K. J. Migration in European History. Blackwell Publishing Ltd., 2003.

Handbook of Research Methods of Migration. Edited by C. Vargas-Silva. Cheltenham, UK – Northampton, USA: E. Elgar, 2012.

Peykovska, P. I. Bulgaria on the Move. Sofia: HIS–BAS, 2022.

Additional information (optional) (e.g., special requirements, laboratory equipment, prior knowledge)

The course is offered in both Bulgarian and English.

(Prof. Penka I. Peykovska, DSc.)

Sofia, 19.05.2026.